



## BOWL FOOD MENUS



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### Mushroom Risotto

with Parmesan Shavings (v)

### Moroccan chicken

and sweet potato shepherd's pie

### Duck and corn 3 ways

creamed polenta, charred corn and thyme buttered popcorn

### Grilled Jerk Chicken

set on Crusted Sweet Potato, finished  
with Pineapple BBQ Sauce

### Cajun King Prawns

with Potato Wedges and Sweet Chilli Sauce

### Pulled Moroccan lamb

set on cous cous, finished with honey and apricot yogurt

### Lemony orzo and spring onion risotto

### Katsu Chicken with Rice

### Onion Bhaji

set on Red Lentil Dhal finished with Lime Yogurt (v)

### Chunky Chilli Beef

with Mexican Rich, Tortilla Chips, Cheese and Sour Cream

### Fillet of Beef strips

with Chunky Chips and Creamy Pepper Sauce

### Thai Green Chicken Curry

with Sticky Rice

### Patatas Bravas and Aioli (v)

### Thai Green Rice

Mango and Grilled Pulled Chicken Salad

### Creamy Cajun chicken risotto

### Butternut Squash Sweet Potato

Spinach and Cashew Nut Curry with Basmati Rice (vg)

### Thai Chicken Massaman Curry

with Sticky Rice

### Crispy Meat Bombs

with Garlic Aioli

### Hummus, Crispy Roasted Chickpeas

Caramelised Onion and Pitta Croutons (vg)

### Penne with Porcini Mushrooms

with Truffle (vg)

## OPTIONS

■ 4 options

■ 6 options

You can mix and match all our dishes, we just price accordingly once you have chosen your menu.

